September 1 - All Readings are from the New Revised Standard Version Updated Edition

Mark 7:1-8

The Tradition of the Elders

7 Now when the Pharisees and some of the scribes who had come from Jerusalem gathered around him, ² they noticed that some of his disciples were eating with defiled hands, that is, without washing them. ³ (For the Pharisees, and all the Jews, do not eat unless they wash their hands, thus observing the tradition of the elders, ⁴ and they do not eat anything from the market unless they wash, and there are also many other traditions that they observe: the washing of cups and pots and bronze kettles and beds.) ⁵ So the Pharisees and the scribes asked him, "Why do your disciples not walk according to the tradition of the elders but eat with defiled hands?" ⁶ He said to them, "Isaiah prophesied rightly about you hypocrites, as it is written,

'This people honors me with their lips, but their hearts are far from me; '7 in vain do they worship me, teaching human precepts as doctrines.'

⁸ "You abandon the commandment of God and hold to human tradition."

Mark 7 continued: 14-15

¹⁴ Then he called the crowd again and said to them, "Listen to me, all of you, and understand: ¹⁵ there is nothing outside a person that by going in can defile, but the things that come out are what defile."

Mark 7 continued: 21-23

²¹ For it is from within, from the human heart, that evil intentions come: sexual immorality, theft, murder, ²² adultery, avarice, wickedness, deceit, debauchery, envy, slander, pride, folly. ²³ All these evil things come from within, and they defile a person."